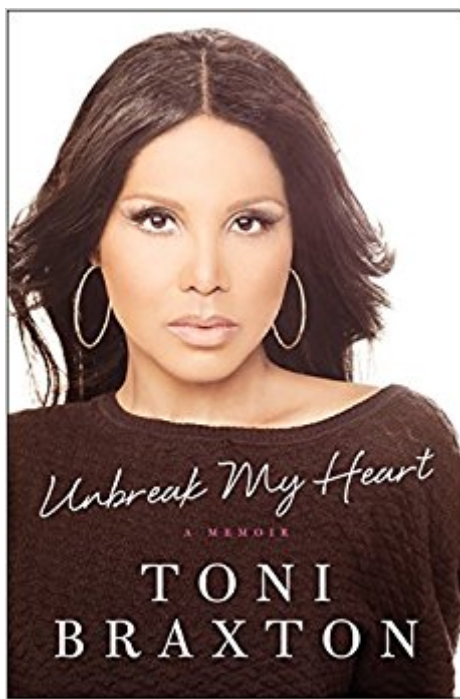


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# Unbreak My Heart: A Memoir



## Synopsis

In this heartfelt memoir, six-time Grammy Award-winning artist and star of WE TV's reality hit *Braxton Family Values*, Toni Braxton writes about her personal life decisions and their impact on her health, family and career. While Braxton appears to be living a gilded life—selling 60 million records, appearing in sold-out Las Vegas performances and hit shows like *Dancing with the Stars*, and starring in her own reality series—hers is in fact a tumultuous story, a tale of triumph over a life filled with obstacles, including two bankruptcy filings. The mother of an autistic child, Braxton long feared that her son's condition might be karmic retribution for earlier life choices, some of which will shock fans. But when heart ailments began plaguing her at the age of 41 and she was diagnosed with Lupus, Braxton knew she had to move beyond the self-recrimination and take charge of her own healing. Intensely honest and deeply inspirational, *Unbreak My Heart* is the never-before-told story of the measures Braxton took to make herself and her family whole again.

## Book Information

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## Customer Reviews

I purchased Ms. Braxton's memoir on my Kindle Paperwhite and thoroughly enjoyed it! I practically read it in one sitting! Ms. Braxton truly dished the "T!" The book takes one on a ride that one hopes won't end. I would recommend the book "Boundaries" for her to read but I really feel she may have already read it. It appears she has taken care of her family but now it's time for her to live her life and enjoy the fruit of her labor. I hope she finds some "me time" for herself and her immediate family. Though she was very tactful, just the little she divulged about the record company left me

shaking my head... Wow. What a business. The mere mention of the name Clive Davis made me cringe...I now look at Mama Braxton with the side eye but then she was a broken woman who apparently spilled her broken-ness upon her daughters. Sad. Truly Mama and Daddy needed a real relationship with the Lord as opposed to all that religion and church hopping-rules made by man. Mr. Braxton's fooling around with a woman for 9-10 years without Mama knowing? Wow.If you love Ms. Braxton's music and want to "know" her a little better then this book will make you feel like somewhat of a friend.The book was a wonderful effort!

MY GRADE: BThis was a quick read. While I'm not a fan of Toni's music, I am a huge fan of her family's reality show, Braxton Family Values that's on We TV. Toni opens up about her two bankruptcies, lupus, Autism, cosmetic surgeries, and other personal matters.She grew up in Severn, MD with deeply religious parents, her mother more so than the father, it seems. She's grown up to feel guilty about things she shouldn't and seems to harbor a small amount of animosity because of it.What I've learned about Toni is that she's terrible with money but wants us to believe that's not the case. She's terrible at using birth control too. She's been generous with her family financially and I wonder how much. She didn't get into that much but I'm curious. She never talked about how angry she is/was toward her cheating father or if she ever was. Odd not to mention it.I've never been a fan of her mother, Evelyn (especially since she threatened to 'slap the piss' out of Tamar), and after learning that her mother always reminded Toni to not 'forget about your sisters' since Toni got a record deal at 23 and her sister's didn't, I like her even less. And she had the nerve to seem angry when Toni got the deal. I've always had the feeling, and I don't know why, that Toni has financially supported her mother after her separation, then divorce, from her husband. I'm intrigued by the fact that Evelyn's 'guarded' about her own childhood. At a young age, she moved from the south to live with an aunt in Maryland.I wish Toni had opened up a bit more about some things but overall this was a good, mostly honest book about her entire life.It's a bit watered down, like she didn't want to be completely honest and open about certain things for fear of hurting anyone's feelings...especially her mother's.FYI- Trina's my favorite!! received this from the publisher in exchange for an honest review. Same review here: [wp.me/pLm4B-1Dx](http://wp.me/pLm4B-1Dx)

I love Toni Braxton. I've always admired her voice and those slits that always stopped right before they became dangerous! Although it took a while for Braxton Family Values to grow on me, I've enjoyed watching her journey throughout the series. This book was the book that all of her fans needed to love and understand her beyond her soulful lyrics and television personality.This book

reads like a conversation; as I read, I felt like Toni and I were out to lunch just rehashing the details of our lives over some honey glazed salmon and rice (lol). The style of writing is very simple. It isn't bogged down with fifty dollar words, or allegories and allusions. The simplicity of the writing is bound to draw readers in because it gives the memoir a very personal feel; you feel as if she's talking to you as a friend or other trusted confidante. The conversation just flows...She's very raw and honest about the details of her life that she knew her readers really wanted to know about. This book gave me everything I didn't even know I needed. I wish her much more love, laughter, and success as she continues to 'breathe again.'

This is the story of a small-town ugly duckling from an extremely religious family who grows up to become a famous, glamorous singing star. Her story sounds like a fairytale with all kinds of strings attached. She harbors so much guilt over becoming the big star in her family that the book should actually be entitled "Guilt" instead of "Un-break My Heart." This book is a must-read for anyone planning to enter the ghastly music industry where so many end up broke, dead before their time or both. And then she has a host of health problems, a form of lupus which attacks her heart and forces her to take a myriad of meds. She talks about all of this as well as her failed marriage and her devotion to her two sons, one of whom is Autistic. But mainly, she writes about her money problems (two bankruptcy filings) and her extreme guilt over taking advantage of the chance to be a solo star, leaving her sisters to fend for themselves. She is also guilty about her premarital abortion and all sins, real and imagined. This book is very easy to read and it's easy to relate to Toni's struggles, no matter how extreme they may seem to be.

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